



Cross Beams

News from Cedarville U.M. Church
"Changing Lives with Jesus"

October, 2017

GROWING TOWARD MATURITY

Our vision is to make Cedarville United Methodist Church a place where people want to COME, stay to GROW, and go out to SHARE God's love with others.

...we must grow up in every way into him who is the head, into Christ... (Ephesians 4:15b)

Take the time and the trouble to keep yourself spiritually fit. (1 Timothy 4:7 Phillips)

Whether we seek to be physically or spiritually fit, we need to exercise, we need to work out. To be spiritually fit, we need to practice the spiritual disciplines. Those habits that aid in our growth toward Christian maturity - reading and reflecting on scripture, praying, confessing our sins, fasting, living in community (in the body of Christ) for accountability and relationship, giving of our time, talent and treasure to the work of transforming our world.

While all of those things help us to grow, Phil Maynard in his book, *Shift*, states that "Regular biblical reflection is the 'vanilla ice cream' of spiritual growth. You can put all kinds of things on top of the vanilla ice cream, but the ice cream is what builds the foundation." And, notice, he is not saying just reading the scriptures, but regularly reflecting on what we read in the scriptures. At the foundation - we need the vanilla ice cream – reading and reflecting on God's word!

Spiritual growth and maturity are not simply about learning or studying the Bible, but living it. In his book, *the Wesley challenge: 21 Days to a More Authentic Faith*, Chris Folmsbee asks: "How much of the Bible lives in you?" In other words, how do we live out the Bible's command to love – both God and neighbor? After all, that is maturity – living into perfect love.

(Continued on Page 2)



Pastor's Message - Continued

This fall, we are offering several opportunities for you to **GROW**. (See list below.) Contact Gordy Lantz at gordysjj@comcast.net (that's jj) indicating the days and times you can participate along with your name and contact information.

- **CREED: What Christians Believe and Why (6-week study)**
- **Disciple Bible Study 1 (34-week study)**
- **A Disciple's Path: Deepening Your Relationship with Christ and the Church (6-week study) – to coincide with sermon series starting October 22**
- **The Wesley Challenge: 21 Days to a More Authentic Faith by Chris Folmsbee**
- **Prayer Walking**

Stay tuned = there will be ongoing opportunities for short-term Bible studies, prayer, discovering your spiritual gifts, finding your place to serve in ministry, and additional steps you can take to grow in your discipleship.

GROW an invitation to move towards wholeness and fullness in God's nurturing love. Will you commit to one new spiritual discipline that will move you towards greater spiritual

maturity as your journey forward?

GROWing with you!
Pastor Sherry



On Sunday, October 8 at 3:00 p.m., Pam Frame will lead our annual Blessing of the Animals. All animals are welcome, but for safety's sake, please bring pets on leashes or in cages. We'll meet at the pavilion, have a brief (20 minute) service followed by individual blessing of each animal present. Anyone wishing for intercessory prayer for animals not present is invited to contact Pam prior to the service, or to mention your request before the service starts. For further information, please contact Pam at pam@cedarvilleumc.org. Hope to see you there!



**Sunday, October 22nd,
12:15 p.m. to 3:15 p.m.**

If you are interested in finding out more about Cedarville UMC and what it means to unite with this body of believers, Pastor Sherry invites you to join her on Sunday, October 22nd for lunch and an afternoon of sharing, along with a time for your questions. We will gather immediately following the late worship service and close our time together no later than 3:15 p.m. Please contact Susan in the church office at 610-326-4173 or susan@cedarvilleumc.org by October 18th so that we can plan for lunch and materials for the session.



Fellowship Opportunities for October

Nifty-Fifty+ Group

There is a change of plans for the October meeting – watch bulletins for an update on what's happening! The next meeting date is Thursday, October 12th.



**Cedarville Nights
Return on Wednesday,
October 4, 2017**

The anxiously awaited return of Cedarville Nights will happen on October 4th - be sure to join us at 5:45 in the Family Life Center for a delicious dinner and fellowship with your Cedarville family and friends.

Menus for October are:

Oct. 4 – Baked Potato Bar, Whites & Sweets, Chili, Broccoli & Cheese, Corn Bread, Salad, Dessert

Oct. 11 – Parmesan Chicken, Mashed Potatoes & Gravy, Glazed Carrots, Salad, Rolls and Dessert

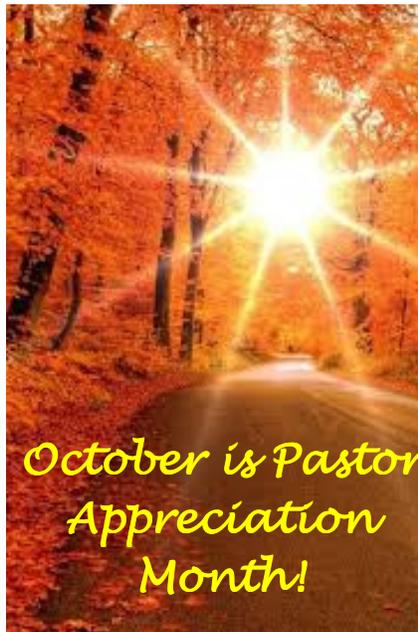
Oct. 18 – Pulled Pork Sandwiches, Potato Wedges, Cole Slaw, Salad, Cookies

Oct. 25 – Breakfast: French Toast Casserole, Hash Brown Casserole, Scrambled Eggs, Sausage, Bagels & Cream Cheese and Fruit Cups

**Cluster Items of the
Month – October
Canned Stew**



Dish Detergent



*October is Pastor
Appreciation
Month!*

*“...and I will give you
pastors according to
mine heart, which
shall feed you with
knowledge and
understanding.”
Jeremiah 3:15*



Missions & Outreach

**DISASTER RELIEF
UMCOR KITS**

While we, as a congregation, have been contributing funds for UMCOR to provide disaster relief, the Mission committee is also offering an opportunity to provide tangible support. In the coming weeks, we will be collecting items to create personal hygiene kits. These kits provide immediate supplies after disaster occurs. The need now is to replenish the

supply. Each kit must contain all new items. Items such as soap and toothbrushes must be sealed in their original containers. Check the display in the church lobby and take a slip for what you are able to provide. The items for a full kit cost between \$9 and \$12. Later in October we will have a group prepare the kits.

Hygiene kits provide basic necessities for people who have been forced to leave their homes because of human conflict or natural disaster. More details available at – <http://www.umcor.org/UMCOR/Relief-Supplies>

1 hand towel – 15 x 25 inches to 17 x 27 inches (Kitchen, cleaning, and microfiber towels not acceptable)

1 washcloth

1 comb – Comb needs to be sturdy and longer than 6 inches long - No pocket combs or picks please - Rattail combs & combs without handles are acceptable with minimum of 6 in. of teeth

1 metal nail file or nail clippers (No emery boards, please)

1 bath-size soap – 3 oz. and larger sizes only. (No Ivory or Jergens soap due to moisture content) - Do not remove from original packaging

1 toothbrush – Adult size only; (Do not remove from original packaging)

6 adhesive bandages; ¾ inch to 1 inch-size; Common household Band-Aids

1 plastic bag; **One-gallon** size sealable bag only

\$1.00 for purchase of toothpaste (we provide the kits; UMCOR will add toothpaste when the kits are distributed)

UMCOR Kits - Continued

Items may be placed in the labeled box in Fellowship Hall (the meeting room between the sanctuary & the Family Life Center)

Make a Monetary Donation to Help Hurricane/Flooding Victims

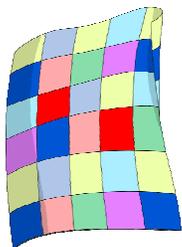
If you would still like to donate to help with the relief and recovery efforts for all the people who were devastated by hurricanes, go to this website to make a donation to UMCOR: [U.S. Disaster Response, Advance #901670](#)

Reminder: 100% of your donations go to relief and recovery efforts.

*UMCOR is the United Methodist Committee on Relief, the disaster response arm of the UMC.

Mission Need: Bedding Supplies

Our **Cedarsowers** are working again this year with the Pottstown Cluster to provide bedding and quilts for those in need.



The Cluster has requested new or lightly used sheets and pillowcases in sizes: Twin, Double, and Queen.

Our Sewing Team needs **NEW** King size flat sheets to use as the backing for their hand-made quilts; any color or pattern. If you wish, monetary donations

can be made and the group will purchase necessary supplies.

A collection basket is available in Fellowship Hall.

Thank you for supporting this long-standing mission of our church.



On Sunday October 15, 2017 Cedarville UMC will celebrate Laity Sunday. This is a Sunday in which all United Methodist churches recognize and celebrate the role of the laity (you and me) in the mission of the church.

For the past 2 years we have used this as our Laity Day of Service. This year will be a little different. With a single unified worship experience that day we will celebrate the ministry that the laity bring to this great mission we call the church.

Please plan to join together with your brothers and sisters in Christ, on October 15, to worship and celebrate all that the Lord is doing in this place. If you could provide a snack for a fellowship time following the service (one serve at 10:00 only on that Sunday), please sign up in one of the lobbies. There will be no Sunday School on that Sunday.

Growing Stronger Penn State Extension

Are you making a commitment to grow stronger, trimmer and feel better about yourself?

GROWING STRONGER is a safe, simple and highly effective strength training program for men and women 40 years of age and older who have been active or relatively sedentary for the past few years and are interested in improving their health, vitality and well-being. Classes will be held in the Family Life Center at Cedarville UMC on Tuesdays and Thursdays from 4:00-5:00 p.m. for twelve weeks, beginning on Tuesday, October 10, 2017. Debbie Griffie, Ed.D, team leader of the Health and Wellness Program for Penn State Extension will be leading the class.

Within the hour of class, you will do a five-minute warm-up, eight to twelve strength training exercises to promote proper body awareness, positioning, flexibility and posture, and a five-minute cool down.

To register for Growing Stronger, visit the Penn State Extension Montgomery County Website: <http://extension.psu.edu/montgomery>. Go to *Events* on the top left side of the webpage, then under upcoming Events, scroll to September 2017, and select *StrongWomen/growing Stronger* (Note: This class used to be just for women, but has been expanded to include men, but they forgot to change the title on the webpage.)

(Continued on Page 5)

Strong Women – Continued

Pick up a purple brochure in the FLC Lobby or in the Narthex of the Sanctuary for more details about this program. The Evangelism Committee of CUMC is sponsoring this event for community members, as well as Cedarville UMC participants.



Children and Youth



Cedarville Youth

October 1 – Movie Night in the youth room, 6:00-8:00. We'll be watching the movie, *Where Hope Grows*. Popcorn will be freshly popped in the bowl!

Oct. 8 – Volunteer week at the Veteran's Center. We'll have lunch at the Coventry Parlor that stop at the church at 1:00 to pick up anyone that could not make lunch and carpool to the Vet's Center to play board games with the residents from 1:30-3:00.

Oct. 15 – Join us for a trip to the Olszanowski Farm Corn Maze. Meet at the church at 2:45 and head to their Phoenixville Location. We will return to the church by 5:15.

Oct. 22 – Youth Group from 6:30-8:00. Join us for games, food, and pumpkin carving!

Oct. 28 (Saturday): Please consider participating in the Pumpkin Run 5K. Our own Tristan V's family helps to organize this event that is a major fundraiser for the Pennsylvania Tourette Syndrome Alliance. For more information contact John McCormick.

Oct. 29 – Youth Group – we will meet from 6:00-8:00 to bake Christmas Cookies and prepare the 'can's' for next weekend's fundraiser at the Holiday Bizarre.

November 4 (Saturday) One of our larger fundraisers of the year is to sell 'Christmas Cookies in a Can' at the Cedarville Holiday Bizarre. Volunteers are needed from 8:30 a.m. to 2:00 p.m. to package and sell the cookies.

January 5/2018-January 7, 2018 – Annual Ocean City Youth Rally.

Wanted: Small Coffee Cans – Place on shelf at the back of Fellowship Hall

(These coffee cans are filled with cookies by the youth to sell at the bazaar as a fundraiser for the Youth Group.)



Cedarville Nursery School

This past month has certainly been eventful in our sweet school. We have a full house of three year olds full emotions entering the building. Some of our little friends were so excited to come to school while others were full of anxiety leaving their mothers for the first time. There were some tears this year as our little friends started their first journey away from their families. It is such an honor to be able to comfort and assure them on this new journey and a privilege to watch as they so quickly become more independent. One of our little friends that I had carried upstairs crying the first two weeks just told his dad today "See you later Dad, I have to go to school now!" He ran up the stairs with excitement and couldn't wait to play with his new friends.

They grow so quickly and soak up every moment. Their faces light up when you get out paint or play dough. Their laughter rings through the room as a block tower falls. They huddle in a mass to watch the marbles slide down the marble run and joyful squeals ring out as it reaches the bottom.

Learning to share is sometimes hard but they quickly realize it is so much more fun to have a
(Continued on Page 6)

Cedarville Nursery School - Continued

buddy to play with than to have a toy all to yourself. They enjoy each moment, content with the activity they are doing right then. No thoughts about maybe there is something better to do tomorrow or even in the next five minutes. They live each moment joyfully and completely. It is really beautiful to watch and I think we can all learn so much from them. Enjoy each and every moment given to you. Even the ones that are painful because in all of those moments we are growing and changing, becoming better and more complete.

This month we are talking about John 1:5 "God is light and in him there is no darkness at all." Our children are a perfect example of this. We are so blessed to have these dear little souls. May God shine his beautiful light on them always.

With grateful hearts,
Nancy and Melanie



**Item of the Month
Napkins – place in
bin at back of
Fellowship Hall.**



Bazaar News

Attic Treasures

It is time for fall cleaning!! The Annual Bazaar will be Saturday, November 4, 2017. When you clean out your garage, basement or attic, please consider donating your items to Attic Treasures. Drop off will begin October 1. Drop off will be in Room 102. (Please be aware that if your regular meeting room is 102, contact Susan to schedule a new meeting place for the month.)

Please do not donate:

- Clothing
- Shoes
- Computers
- Refrigerators
- Dehumidifiers
- Furniture
- TV's

Some of these items require special disposal and if not sold, it is a cost to us. Thank you for always being so generous.



Fall is here and the annual **Holiday Craft Show and Bazaar** is just around the corner! Stop by on Saturday, November 4th from 9:00 a.m.-3:00 p.m. for over 60 tables of handmade crafts, attic

treasures, a book sale, lunch, and baked goods!

All events will be held in the Family Life Center. The craft show will be in the auditorium, bake sale in the lobby, and lunch in Fellowship Hall. Attic treasures and the book sale will be downstairs in rooms 102 through 108 from 8:00 a.m. to noon.

Free admission and parking, so come on out!



Apple Dumplings

It's Apple Dumpling time again. Shortly, sign-up sheets will be posted.

1. Orders for dumplings
2. Helpers

We will be making dumplings on Wednesday, Nov. 1 and Thursday, November 2. We will start working at 7:00 a.m. We will need apple washers, apple peelers, pie crust rollers, dumpling assemblers and bakers.

Everyone is welcome! Hope to see you there.



Thank You

Thank You, Pastor Sherry, for all you do for our congregation!

*Dear Cedarville Family,
Thank you for all your prayers, cards, and best wishes for Howard and myself, following his recent stroke. We are thinking of all of you and missing you.*

*Also, thanks so much to the CedarSowerz for the beautiful coverlet you made for Howard – it matches his new recliner chair that he got for this birthday from our children.
In Christian Love,
Doris and Howard Loscig*

From: UMCOR (Clean Water Initiative)

Thank you for your support of UMCOR. Through the Advance, the designated giving channel of the United Methodist church, 100% of your contribution will go to UMCOR Water, Sanitation, and Hygiene Program, Advance #3020600. Your gift received on 8/4/17 of \$690.65 is supporting communities to meet their need for clean water, sanitation, and hygiene around the world. Giving through The Advance enables United Methodists to partner with one another in mission and ministry around the world. Thank you for joining

with us to “Be Hope” to those who desperately need it.

*Grace and Peace,
Roland Fernandes
General Board of Global Ministries*

A Walter Mouse Devotional

John 14:2...I am going to prepare a place for you.

We're all going to a pot-luck dinner tonight, so Eileen (Bill's mom) is making a cake and Bill's loading the car with drinks and nibbles. The friends we're going to visit have something going in the crock pot. As Bill and I worked on packing the car, I got to thinking about all the preparations. It's all aimed at bringing people together—which is exactly what the Lord's Table (at communion and in Heaven) is about. Whether someone on earth—or Someone in heaven—is preparing a place for you, it's a pretty wonderful feeling to know that you're expected and welcome!



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Free Food for Low-Income Seniors Living in Chester County

Requirements:

1. 60 or older
2. Living in Chester County
3. Monthly household income cannot exceed: \$1287 for a household of one person, \$1736 for a household of two people

Must have ID and proof of income to apply

Monthly Box of Food Includes:

- 4 cans of vegetables
- 2 cans of fruit
- 2 shelf-stable milk
- 2 bottles of juice
- 2 cereal
- 1 meat
- 1 peanut butter or beans
- 2 lbs of pasta or rice
- 1 block of cheese

This is part of the Commodity Supplemental Food Program (CSFP)

CSFP is a monthly food program through the USDA that provides free food to senior citizens age 60 and above with income at or below 130% of the federal poverty level. This institution is an equal opportunity provider.

For more information, contact:
Honey Brook Community Library,
687 Compass road, Honey Brook
PA 19344

610-273-3303



October Worship Leaders

8:00 Worship Service

1 – Larry Frame
8 – Jerry Poole
15 – Larry Frame
22 – Dave/Jo-Ann Hohl
29 – Pam Frame

11:00 Worship Service

1 – Betsy Wright, Rob Mutschler - Scripture
8 – Dale Sharrock, Audrey Buell – Scripture
15 – Elaine Lambert, Barbara Boyer – Scripture
22 – Vicki Miller, Gordon Lantz – Scripture
29 Frank Cebular, Elsie Mutschler - Scripture

9:30 Scripture Readers

1 – Rich Adamson
8 – Marilyn Knight
15 – Cindy Cebular
22 – Emilie Atkinson
29 – John Waclawsky

October Ushers

8:00 Traditional

Glenn & Gale Nester

9:30 Contemporary

Rene & Jenn Fernandez & Family

11:00 Traditional

1 – Jay & Betsy Wright, Rob Mutschler, Denny McClimon
8 – Jay & Betsy Wright, Rob Mutschler & Gayle Fryling

15, 22, 29 – Jay & Betsy Wright, Rob Mutschler & Joanne Means

October Flowers

1 – Susan & Ed Morris

CedarKidz Teachers

1 – Sandie Armstrong
8 – Crissy Fiorani
15 – Laity Sunday
22 – Diane Cherico
29 – Susan Morris

KidzWorship Teachers

1 – Amy Murphy
8 – Patti McClimon
15 – Laity Sunday
23 – Diane Cherico
29 – Sue Paravis

Church Nursery, 9:30

1 – Cindy Cebular
8 – Melissa Burg
15 – Jen Fernandez
22 – Linda Waclawsky
29 – Danelle Kline

Church Nursery, 11:00

1 – Nancy Guenther
8 – Emilie Atkinson
15 – Sandie Armstrong
22 – Diane Cherico
29 – Joanne Means



Pastor:

Rev. Sherry Lantz

sherry@cedarvilleumc.org

Church Office: 610-326-4173

Office Administrator:

Susan Morris

susan@cedarvilleumc.org

Nursery Coordinator 11:00 –

Sue Klinedinst

Sexton: Steve Krasley

Youth Leader:

John McCormick

Website & Social Media:

Lori McCormick

Web Page:

www.cedarvilleumc.org

Music Staff:

Chris Vogel, Organist & Director of Contemporary Worship

chris@cedarvilleumc.org

**Kathy Ballein,
Choir Director**

Lori Snavelly, Handbell Director

Bradley Shupinski, AV Coordinator

Servant Staff:

Treasurer: Randy Beidler

Assistant Treasurer: Jay Meloy

Pianist: Jean Arbogast

Shephelah Coordinator: John Waclawsky

Photographer: Brent Miller

Prayer List Coordinator:

Sheila Hardin,

TUCKERSFAMILY@aol.com

Prayer Chain Coordinator:

Elaine Lambert

CatchAcat2@aol.com

Pet Prayer Chain: Pam Frame pawprints@

cedarvilleumc.org

Altar Flower Coordinator:

Pam@cedarvilleumc.org